



Your Pivot Point Strategy

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Date:

What is the **most important action** I can take in each area of my life this week?

Physical Health

Mental/Intellectual

Spiritual

Social

Family

Financial

Career - _____

Career- _____

Career - _____

* "The 7 Areas of My Life" ©1999 by Coaching and Leadership International Inc.

Balance Your World *with Lynn Fraser*

Healthy Focused People Attaining Sustainable Results.

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